

# Wellness Committee (Living Above the Bar)

## SPEAKER BIOGRAPHIES

*by order of presentation*

### **Lisa Burbage**

*National Board Certified Health & Wellness Coach, NBC-HWC  
Charleston, SC*

Lisa B. Burbage is president and founder of Wellness Five, LLC, a health and wellness coaching company in Charleston, S.C. She helps clients establish lifestyle habits that allow them to live happier and healthier lives. Wellness Five works primarily with corporate and private companies through their program Healthy Habits. They are also an approved vendor for the Center for Disease Control's (CDC) Diabetes Prevention program. Clients include the Medical University of South Carolina, the S.C. Department of Health and Environmental Control (DHEC), the University of South Carolina's Arnold School of Public Health, and the Post and Courier and Aiken Standard newspapers.

Lisa holds a M.Ed. degree in higher education and counseling from the University of South Carolina, and a B.S. degree in business administration from the College of Charleston. She is a national board-certified health and wellness coach, NBC-HWC, and received her Health Coaching Certification from Duke University.

Currently she is a director of the College of Charleston Foundation Board and a member of Ellevate, a network for professional women.

Lisa and her husband live in Charleston and own a farm in Hampton county where they grow organic vegetables. When she is not working, you can find her there, practicing yoga, jogging or reading.

### **Brian Dumas**

*Brian Dumas, Attorney LLC  
Columbia, SC*

Brian Dumas was originally born in Sumter, South Carolina and graduated Spring Valley High School in Columbia, South Carolina in 1974, Emory University in 1978, and the University of South Carolina Law School in 1981. He is currently engaged in private practice in Columbia, South Carolina.

## **Miles E. Coleman**

*Nelson Mullins Riley & Scarborough, LLP  
Greenville, SC*

### **Course Planner**

Miles Coleman practices in the areas of appellate law, business litigation, and First Amendment law. He is an NFL Players Association certified agent. Miles has represented clients including Fortune 500 companies, international manufacturers, technology startups, state agencies, and regional healthcare providers in business and appellate litigation in multiple state and federal trial and appellate courts. He has also represented public agencies and private individuals and entities in numerous matters involving First Amendment protections of speech, association, assembly, and religion. Miles successfully litigated the conclusion of an IRS Church Tax Inquiry & Examination pursuant to 26 U.S.C. § 7611. Additionally, Miles filed 16 amicus briefs at the United States Supreme Court and multiple federal Courts of Appeals in cases combating human trafficking, challenging solitary confinement, and protecting a variety of civil rights on behalf of clients including dozens of U.S. Senators and Representatives, several bestselling authors, monasteries, seminaries, and several Jewish and Muslim groups. He has provided pro bono appellate representation to multiple indigent criminal defendants, including a death row inmate, in appeals to the United States Supreme Court, the South Carolina Supreme Court, and the South Carolina Court of Appeals. Miles also drafted dozens of wills for first responders as part of the Firm's "Wills for Heroes" pro bono program.

### **Education:**

University of South Carolina School of Law, J.D. 2009  
Bob Jones University, B.A. 2005

## **Jay Patel, PhD., CSCS, \*D, TSAC-F, \*D, CES**

*Palmetto Health - USC Orthopedic Center  
Lexington, SC*

Dr. Jay Patel currently serves as the Director of Research at Palmetto Health-USC Orthopedic Center and Director of Sports Science with Apex Athletic Performance in Columbia, SC. In addition, Dr. Patel is a Clinical Assistant Professor with the Department of Exercise Science at University of South Carolina and Director of Sports Science with University of South Carolina Athletics Department. He received his bachelor's degree in biomedical sciences, a master's degree in exercise science and a PhD in kinesiology with specializations in anatomy and sport biomechanics from Auburn University. A former multisport athlete at the high school and collegiate level, Dr. Patel has vast knowledge and experience in the application of scientific assessments to improve athletic performance and reduce injuries. An expert in the field, Dr. Patel has several faculty and research appointments and has worked with athletes of all ages, including professional and Olympic-level athletes. In addition, he is currently serving as an Advisory Board Member for the National Strength and Conditioning Association. Furthermore, Dr. Patel holds certifications including Certified Strength and Conditioning Specialist with Distinction, Tactical Strength and Conditioning Facilitator with Distinction, both through the National Strength and Conditioning Association; Corrective Exercise Specialist through the National

Academy of Sports Medicine; and Functional Movement Screening certified through Functional Movement Systems.

**R. Ashby Pate**

*Lightfoot Franklin & White LLC*

*Birmingham, AL*

Ashby Pate may have one of the most interesting resumes of any lawyer practicing in the State of Alabama. A former Associate Justice of the Supreme Court of Palau, where he helped design the island nation's first-ever jury trial system, Ashby also served as a judicial clerk to United States District Judge U.W. Clemon, one of Alabama's civil rights pioneers. He was the Editor-in-Chief of the Law Review for Samford University's Cumberland School of Law, and he later earned an LL.M. in International Commercial and Business law from the University of East Anglia in Norwich, England, where he graduated first in his class and was awarded the Sir Roy Goode Prize in international law. He is one of only 50 distinguished lawyers and judges in Alabama currently serving on the American Law Institute, where he contributes to many of the Restatement projects published by that prestigious body.

Since he returned to the firm in 2016, he has resumed his role as an advocate in some of the most important, and sometimes controversial, matters the firm handles. Most recently he was appointed co-prosecutor in the widely-publicized judicial ethics trial of Alabama's "Ten Commandments" judge, Chief Justice Roy Moore. Ashby delivered closing arguments in the trial, arguing that a January 6, 2016 Administrative Order issued by the Chief Justice constituted defiance of the U.S. Supreme Court's same-sex marriage decision in *Obergefell v. Hodges*. In a unanimous verdict, the Alabama Court of the Judiciary suspended the Chief Justice from office for the remainder of his elected term, without pay.

Ashby is also a sought-after public speaker. A recent speech of his, *Be the Light*, stresses the importance of human connection in the practice of law and has resulted in Ashby's invitation to speak to organizations across the country and the state, including giving the keynote address, alongside Justice Anthony Kennedy of the United States Supreme Court, at the Ninth Circuit Court of Appeals' Law Clerk Orientation in San Francisco, a speech to the American College of Trial Lawyers' spring meeting in Maui, a presentation to the Alabama State Bar annual meeting, and many more.

Today, Ashby maintains a general commercial defense practice, with a focus on international disputes, appellate work, and products liability. He is married to Christine Caiola of Birmingham, Alabama, and the couple now have two young girls. Prior to law school, Ashby toured regionally in the Southeastern United States in two different bands, releasing two albums of original music. Ashby is also the author of a children's book about Palau, titled "Sweet Dreams Palau," published by the Etpison Museum.

**Lindsay A. Joyner**  
*Gallivan, White & Boyd, PA*  
*Columbia, SC*

**Course Planner**

Lindsay Joyner is a partner in GWB's Columbia office. Her practice places an emphasis on financial institution, business and commercial, professional negligence, and trust litigation. Lindsay has presented matters in these practice areas before both state and federal courts.

A significant portion of Joyner's legal practice is devoted to lender liability. She handles a wide variety of financial institution issues, including advising bankers on policy and customer issues that arise as well as litigating matters from an offensive and defensive perspective.

Additionally, Lindsay represents corporate and individual clients in business and commercial litigation matters. She regularly handles matters concerning contractual disputes, business torts, shareholder disputes, and other complex litigation arising out of business transactions. Lindsay used the experience gained from representing clients in these areas to co-author the *ABOTA Masters in Trial*. *Masters in Trial* puts the best lawyers in the state in front of an audience to try a case. Lindsay's case was the first commercial case ever used by *Masters in Trial*.

Lindsay appreciates that client service is equally as important as legal skills and knowledge. As a result, Lindsay makes client expectations and satisfaction a central point of her practice. She takes great effort to be accommodating and communicative with her clients at all times.