

Substance Abuse Mental Health Luncheon Seminar

SPEAKER BIOGRAPHIES

by order of presentation

Doug Brown

Summit Success

Bluffton, SC

Doug Brown, JD, is The Law Firm Leadership Coach. As an executive coach, law practice consultant, and growth strategist, he helps law firms build sustainable systems while protecting attorney mental health and well-being.

After experiencing panic attacks, burnout, and receiving a late-career ADHD diagnosis in his early 50s, Doug developed frameworks that address both individual resilience and firm-wide culture transformation. He discovered that personal mental health strategies are only effective when supported by healthy firm systems - and that sustainable growth requires leaders who can manage both their own stress and guide others through difficult relationships and high-pressure situations. His experience includes private and in-house legal practice, serving as chief executive of the Connecticut Bar Association, and chief operating officer for a chain of fine jewelry stores. As an MBA professor, he designed leadership programs for experienced executives, combining business strategy with psychological sustainability.

Doug works with managing partners and firm leaders on succession planning, leadership development, and building high-performance cultures that don't sacrifice attorney well-being. His clients report improved profitability, reduced partner burnout, and smoother transitions as firms grow beyond founder-dependence.

What Audiences Say About Doug: "One of the best CLE's I've taken in a long time. Great information, delivered in an interesting and relatable way." • "This is the most impactful CLE that I have listened to in a very long time." • "Doug was fantastic! Excellent materials and ideas." • "Really helpful in both professional and personal life's dealings." • "Great substance and energy - love seeing an attorney apply concepts of leadership!" • "He's got a great voice and demeanor. Really modeled the leadership traits he was talking about."